

### Learning Programme Year 7 Cricket

Topic/Content	Objectives/Skills	Assessment	Success Criteria (for E/S/D at KS3)	Stretch & Challenge (Thirst for Learning)
Year 7 Cricket	<p><b><u>Warm Up –</u></b>            To understand the reasons for warming up and stretching at the start of the session.            To understand the importance of stretching at the start of the session.            To be able to demonstrate stretches relevant to Cricket            To know the names of major muscles.</p> <hr/> <p><b><u>Ball Familiarisation</u></b>            To develop their understanding and knowledge of the basic fundamentals of Cricket            To be able to perform and know how to perform under control different types of catches            To understand the laws governing Catching and fielding in Cricket            To incorporate throwing, catching, fielding and running between the wicket into small sided games</p> <p><b><u>Throwing and Catching</u></b>            To be able to perform both underarm and over arm throws            To clearly know and understand how to perform these skills in cricket and where these skills are used <i>e.g. Under – close to wicket; Over – from long distances</i>            To be know and understand how to catch each delivery correctly.            To be able to perform the skill of catching each type of delivery            To incorporate catching into a small game</p> <p><b><u>Batting</u></b>            To be able to perform the proper grip, stance, and back lift correctly            To clearly understand and know why these skills are important in Batting in Cricket            To clearly demonstrate that they know and understand How to perform these skills.</p>	<p>Students are assessed against the skills matrix.</p> <p>Assessment through observation of Core skills in isolation and full performance context.</p> <p>Verbal feedback given.</p> <p>Use of demonstrations for key points using pupil exemplars.</p>	See assessment matrix.	<p>Able pupils guided towards specific clubs/teams.</p> <p>Lunchtime practice.</p>

	<p>To be able to perform the different types of Drives e.g. Off and On drives  To know and understand how to perform these shots; where these shots are played; what types of delivery these shots are played to; and what movements have to be made to perform these defensive shots  To know and understand the importance of playing the ball along the floor in Cricket and also playing straight.</p> <p>To understand the laws governing Batting in Cricket e.g. Getting out; scoring runs, boundaries and sixes etc.  To incorporate Batting and Scoring into a small game of Cricket  <u>Batting – Forward defence</u>  To be able to perform the proper grip, stance, and back lift correctly  To clearly understand and know why these skills are important in Batting in Cricket  To know and understand what types of delivery these shots are played to; and what movements have to be made to perform these shots  To be able to perform the different types of Defensive strokes e.g. Forward and Backward  To know and understand the importance of playing the ball along the floor in Cricket and also playing straight.  <u>Batting – Backward defence</u>  To be able to perform the proper grip, stance, and back lift correctly  To clearly understand and know why these skills are important in Batting in Cricket  To clearly demonstrate that they know and understand how to perform these skills.  To know and understand how to perform these shots; where these shots are played; what types of delivery these shots are played to; and what movements have to be made to perform these shots</p>			
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	<p>To be able to perform the different types of Defensive strokes e.g. Forward and Backward</p> <p>To know and understand the importance of playing the ball along the floor in Cricket and also playing straight.</p> <p><u>Fielding</u></p> <p>To be able to perform the basic interception and Long Barrier method used in Fielding</p> <p>To understand and know how to perform these skills especially the Long Barrier</p> <p>To clearly understand why the Long Barrier is used in Cricket <i>e.g. The legs and hands act as a barrier against the ball so if the ball is missed by the hands it is stopped by the leg.</i></p> <p><u>Bowling</u></p> <p>To be able to perform the different stages of bowling <i>e.g. Grip, Pre delivery action, Coil, Delivery, Target practice from coil, Run up/Bound, Follow through</i> correctly enabling the students to bowl accurately</p> <p>To understand and know how to perform these different stages correctly and the importance of each stage</p> <p>To clearly know and understand how to bowl</p> <p>To understand the Laws regarding bowling and the umpiring signals for these <i>e.g. Wide Ball</i></p>			
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