

**Learning Programme Year 8 Cricket**

Topic/Content	Objectives/Skills	Assessment	Success Criteria (for E/S/D at KS3)	Stretch & Challenge (Thirst for Learning)
Year 8 Cricket	<p><b><u>Warm Up –</u></b>            To understand the reasons for warming up and stretching at the start of the session.            To understand the importance of stretching at the start of the session.            To be able to demonstrate stretches relevant to Cricket            To know the names of major muscles.</p> <hr/> <p><b><u>Throwing and Catching</u></b>            To further develop their performances, knowledge, and understanding of under and over arm throws            To further develop knowledge and understanding of how to catch each different type of delivery e.g. <i>Low, High to sides etc.</i>            To be able to perform these skill of catching each different type of delivery</p> <p><b><u>Fielding – One hand retrieval</u></b>            To be able to perform the One – Handed Retrieval.            To understand and know how to perform this One - Handed retrieval.            To understand and know why this method is used in fielding and where this is performed in Cricket e.g. A quick method used to retrieve the ball in the out field</p> <p>To incorporate the one handed retrieve into a small sided game of Cricket            To clearly know and understand how to perform the skills into competitive games            To be able to perform the skills in competitive games</p> <p><b><u>Batting – pull shot</u></b>            To clearly understand and know the correct grip, stance and back-lift techniques are important in Batting in Cricket            To clearly demonstrate that they know and understand how to perform these skills.            To be able to perform the Pull shot</p>	<p>Students are assessed against the skills matrix.</p> <p>Assessment through observation of Core skills in isolation and full performance context.</p> <p>Verbal feedback given.</p> <p>Use of demonstrations for key points using pupil exemplars.</p>	<p>See assessment matrix.</p>	<p>Able pupils guided towards specific clubs/teams.</p> <p>Lunchtime practice.</p>

	<p>To know and understand how to perform this shot; where this shots is played; what types of delivery this shots are played from; and what movements have to be made to perform this Pull shots</p> <p>To know and understand the importance of playing the ball along the floor when performing these shots.</p> <p><u>Batting – Square cut</u></p> <p>To clearly understand and know the correct grip, stance and back-lift techniques are important in Batting in Cricket</p> <p>To clearly demonstrate that they know and understand how to perform these skills.</p> <p>To be able to perform the Square Cut</p> <p>To know and understand how to perform the cut; where the cut is played; what types of delivery the Cut shots is played to; and what movements have to be made to perform this shot</p> <p>To know and understand the importance of playing the ball along the floor when performing these shots.</p> <p><u>Bowling</u></p> <p>To be able to perform the different stages of bowling <i>e.g. Grip, Pre delivery action, Coil, Delivery, Target practice from coil, Run up/Bound, Follow through</i> correctly enabling the students to bowl accurately</p> <p>To understand and know how to perform these different stages correctly and the importance of each stage</p> <p>To clearly know and understand how to bowl</p> <p>To understand the Laws regarding bowling and the umpiring signals for these.</p> <p><i>e.g. Wide Ball</i></p> <p><u>Bowling – swing</u></p> <p>To be able to perform the correct grip used in Both Away and In swing Bowling</p> <p>To clearly know and understand how to bowl these types of two swing deliveries, and there differences</p> <p>To be able to perform these two types of Swing Bowling</p>			
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	To understand and know the principles of Swing Bowling in Cricket <i>e.g. To pitch the ball up to swing the ball away from the batsmen</i>			
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