


Welcome to
A Level
Physical
Education

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A LEVEL PHYSICAL EDUCATION

- ▶ What makes a suitable candidate?
 - ▶ What degree courses could be helped by this subject?
 - ▶ What will you study?
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EXPECTATIONS

- ▶ The AQA syllabus is followed and continues work done at GCSE with the same board.
- ▶ Pupils will be expected to have attained at least a 9-6 grade at GCSE PE.
- ▶ All pupils should be participating weekly at a good level as performer or coach at the College or outside school in at least 1 sport.

WHY PE/SPORTS STUDIES?

- ▶ Sports science
 - ▶ Physiotherapy
 - ▶ Teaching
 - ▶ Medicine
 - ▶ Dentistry
 - ▶ Leisure management
 - ▶ Sports psychology
 - ▶ Sports coaching
 - ▶ Sports development
 - ▶ Sports journalism
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PRACTICAL?

- ▶ The lessons are 100% theory!
 - ▶ Practical will be assessed and carried out through games lessons and performing/coaching in school competitions.
 - ▶ You are assessed in 1 sport as a performer or coach in a fully competitive version of the game. (15%)
 - ▶ You must complete written coursework analysing your performance (15%)
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THEORY

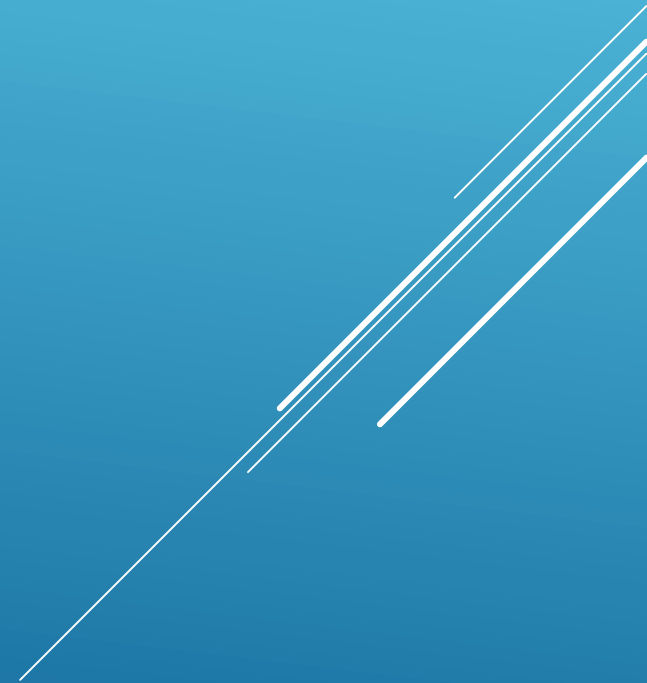
85%

Paper 1 Exam 35%

Paper 2 exam 35%

Written Coursework 15 %

Practical Assessment 15%



CONTENT

Paper 1: Factors affecting participation in physical activity and sport

What's assessed

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

How it's assessed

- Written exam: 2 hours
- 105 marks
- 35 % of A-level



Paper 2: Factors affecting optimal performance in physical activity and sport

What's assessed

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society and technology in sport

How it's assessed

- Written exam: 2 hours
- 105 marks
- 35 % of A-level



Non-exam assessment: Practical performance in physical activity and sport

What's assessed

Students assessed as a performer or coach in the full sided version of one activity.

Plus: written/verbal analysis of performance.

How it's assessed

- Internal assessment, external moderation
- 90 marks
- 30 % of A-level

CURRENT GROUP SIZE

- ▶ Year 13 - 13 Students
- ▶ Year 12 - 13 Students

Note: Gaining an 9/8 at GCSE Level in PE is no guarantee that pupils will be an A/B grade 'A' Level student. (due to mismatch in practical /theory weighting)

2018 Results

- 33% A*/A
- 100% A*/C

2019 Results

- 60% A*/A
- 100% A*/D

2022 Results

- 33% A*/A
- 100% A*/B