

Saint Ambrose College

State-funded Independent Catholic Grammar School

Acting Principal: Mr D. Rainey B.Ed (Hons)



17th January 2019

Dear Parent/Carers,

Re: St Ambrose Ski Trip 2019, Zell Am See

As you will be well aware the St Ambrose annual ski trip to Austria is nearly upon us. There will be a meeting on **Monday 21st January at 5pm** in the lecture theatre to review the final details and to answer any questions you may have.

We are flying from East Midlands Airport and will be taking a coach to the airport leaving from St Ambrose College. This was changed from Manchester due to the number of pupils on the trip.

Please ensure that your son brings his passport with him on departure day. While the College has its own comprehensive insurance, it would be a good idea if your son also has his EHIC card.

Travel Details are as follows:

Coach:

16/02/19 School Pickup @ 07:00 – (leave time). Please be at the College for 06:30 prompt, so we can pack the coach and get to the airport in good time.

23/02/19 School Return @ 14:10

Please be prompt when picking up your son, it will have been a long day and everyone will want to get home for a nice restful Saturday.

Flights

16/02/19 OUTBOUND

ENT673 Enter Air

Leaving East Midlands Airport: EMA 12:00

Arrive: SZH 14:45

23/02/19 INBOUND

ENT674 Enter Air

SZG 09:50

Arrive East Midlands Airport EMA 10:45

Emergency Contact mobiles whilst in resort:

07470 836197

07470 919393

Home contact: Mr Handy 07954 618029.

Address:

Hotel Kitzsteinhorn

Gletschermoos Strasse 13

5700 Zell am See

Austria

Phone: +43 6542 57241

Hale Barns, Altrincham, WA15 0HE.

t: 0161 980 2711 f: 0161 980 2323 e: office@st-ambrosecollege.org.uk www.st-ambrosecollege.org.uk

Saint Ambrose College Edmund Rice Academy Trust, Company incorporated in England & Wales.

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Whilst most pupils have their own mobile phone, if there is an emergency a member of staff will ring you and explain what has happened.

The group are travelling on a group e-ticket, but will need to check-in individually. Once they are through customs, the passports will be collected by their individual group leader and kept for safe keeping. These will then be stored in the staff hotel room's safe.

The boys cannot ski when not instructed, but they will have at least 4 hours skiing a day.

There will be other groups staying at the hotel, however when skiing we will be grouped within our own school and the boys will not be mixed with another school.

The hotel rooms are operated by key cards, these will be taken by the staff in the morning and given back once the day's skiing is over. In the evening, (at bedtime) the key will be taken in once more. This will enable staff to rouse any sleepy heads, so we get the full benefit of the slopes. The doors can be opened from the inside in case of emergency, and pupils will ensure to lock these at night – (staff will double check).

Breakfast and evening meals will be taken in the hotel and lunch will be taken on the mountain. Dietary conditions, that I have been made aware of, have been sent to the hotel prior to our arrival. All meals are compulsory, especially breakfast.

Skiing – this is a ski trip and the pupils will be expected to ski every session. Exceptions will be for genuine injury or illness, but not for tiredness or sore legs through unusual muscle usage. Pupils will grow weary by the end of the week, but will be expected to compensate in other ways e.g. early bed times.

Bed times will be decided each day depending on the evening entertainment, but they will be relatively early and must be observed.

Suitcases – (please see checklist). However much they bring, boys need to remember that they will have to carry it. Do not forget plug adapters and a gang extension cord is always handy to have to charge phones etc.

Boys should not bring lots of expensive equipment. We will be on the slopes most of the time and the hotel has plenty of activities in the evening, so best to leave it at home. If your son does bring a mobile phone, ipad or any other expensive item and it is lost for any reason, the school insurance has an excess of claims for £50. If bringing a phone on the slopes, it is a good idea to have the phone in a perspex bag on a string that can be put around his neck. This allows the phone to be available to take pictures, whilst minimizing the risk of dropping the phone in the snow – this has happened before when a phone was dropped from a chairlift into the snow and the phone was lost!

I have not got a final confirmation on the rooms yet, but I would like the boys to sort themselves in to groups of 4. When I receive the rooming details I can try to accommodate everyone, but please be assured that your son will be able to room with at least one of his friends, even if it is organised when we arrive in resort.

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There are a few activities that the boys can do that require additional funds, but these are optional. With that in mind I would suggest a maximum of €100 as pocket money. Please ensure that it is in a sealed envelope with your **son's name on the front and also how many Euros are enclosed**. The exchange rate is fluctuating at the moment due to Brexit, but it is approximately: £1.00 pound = \$1.13 Euros or €1 Euro is £0.88.

The boys may also require some English money for the airport/flight for snacks etc. and €10 deposit for lift pass.

When travelling pupils should wear their ski jackets to travel in, as this will save space in the suitcase and they will need them when we arrive in Austria. If you have any questions or problems, please do not hesitate to contact me either by email or phone.

For emergencies there is emergency phone number and e-mail card that will be given out before we leave.

Yours faithfully,

Mr P Anderson

Trip Co-ordinator

Email: mrpanderson@st-ambrosecollege.org.uk

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Things to remember to pack: (remember – 1 bag, **maximum 20KG** and one piece of hand luggage)

SKI EQUIPMENT/CLOTHING CHECKLIST

A	Ski Jacket x 1	For use when skiing
A	Salopettes	For use when skiing
A	Base Layers (eg leggings/ thermal tops etc) x 3	For use when skiing
A	Ski gloves x 1	For use when skiing
A	Ski goggles (sunglasses are optional)	For use when skiing
A	Ski socks x 3	For use when skiing
A	Casual clothes eg jeans, t-shirts etc.	For evenings in hotel
A	Warmer clothes ie sweatshirts, fleece tops etc.	For travelling to activities
A	Apres boots	For travelling to activities
A	Warm Hat	
A	Small rucksack – can be used a hand luggage and then used on the slopes	
C	Smartish clothes	for disco/presentation
A	Towels	
A	Swim Shorts and Cap	
A	Personal Toiletries (deodorant, shower-gel, shampoo, toothpaste etc)	
A	Sun block/after sun/lip balm	
C	Tissues	
B	Alarm clock	We get up early!!
C	Personal medicines	With parental guidance
C	General medicines e.g. throat lozenges, paracetamol etc	With parental guidance
A	Asthmatic inhalers	
A	Plasters/blister plasters anti-septic cream/heat rub	With parental guidance
A	Passport	

Optional: Camera. Ski Resorts are usually very scenic and so to record the holiday I would bring a camera, but remember you will most likely be falling over a lot – so nothing too expensive, unless it is robust! (a disposable would suffice) . A holder for your phone if you plan to use it to take pictures so that if you drop it, it is still attached to you.

The above list is only a guide, however items marked **A** are essential,

Items marked B could be shared and items marked **C** are advisable.

It would also be helpful if items such as gloves etc. are named.

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