

# A-level Psychology Transition tasks

## Saint Ambrose College



# Transition work to do before September

- **These activities are designed to give you a flavour of the key topics we study in Y12 Psychology, and to start developing your knowledge of psychological theories, concepts and psychologists. Complete at least one activity each week to get a head-start and see whether Psychology is the subject for you. Thanks for your interest in A Level Psychology!**

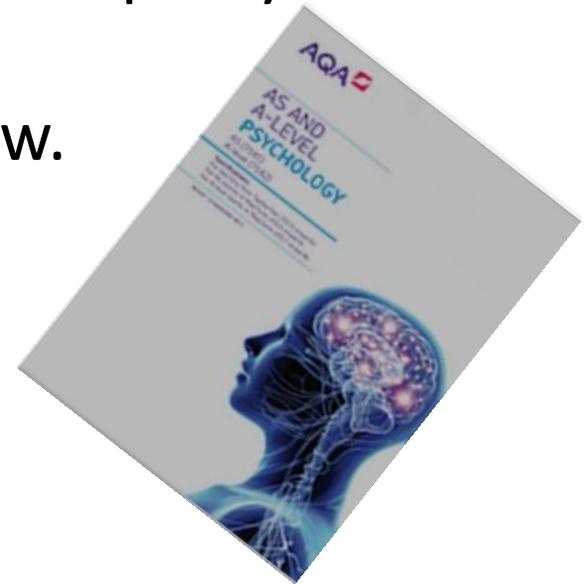
# A Level Psychology specification

- Read about the A Level Psychology specification here; the topics you would learn in Year 12 are in the link below
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- <https://www.aqa.org.uk/subjects/psychology/as-and-a-level/psychology-7181-7182/subject-content-as>

Link to Maths used in Psychology

- <https://www.youtube.com/playlist?list=PLjx4h06KYipLlp8Rd0T4ddrJsz5ntkznU>



You have not completed AQA  
GCSE Psychology so now would be a great  
time to see what you would have  
covered had you done so (make notes)

<https://www.yout-ube.com/watch?v=GpPowWc1tXI&list=PLUQ8QDGvbAwhofjoeWA9kpLp6Jyd5EzZw>

Psych Boost's channel has videos for the whole course

Also GCSE AQA specification is [here](#)

Visit Physics and Maths tutor for resources  
and past questions for A-level AQA Psychology

<https://www.physicsandmathstutor.com/psychology-revision/a-level-aqa>



This blog informs you a bit more about what to expect

- <https://blog.tutorhub.com/2015/09/10/eight-things-to-expect-from-a-level-psychology/amp-on/>
- Is there anything that surprises you about A Level Psychology?

# Watch the following Ted talk

- <https://www.youtube.com/watch?v=PB2Oegl6wvl>
- It is about eyewitness testimony which is one of the topics you will study in the topic of Memory, what have you learnt from this video? Write a paragraph.
- **Biopsychology & Psychopathology;** There are lots of interesting TED talks and crash courses in this area. Here are just a few you may find interesting:
- The brain changing benefits of exercise - [https://www.ted.com/talks/wendy\\_suzuki\\_the\\_brain\\_changing\\_benefits\\_of\\_exercise](https://www.ted.com/talks/wendy_suzuki_the_brain_changing_benefits_of_exercise)
- How stress affects your body - <https://www.youtube.com/watch?v=v-t1Z5-oPtU>
- OCD & anxiety disorders - <https://www.youtube.com/watch?v=aX7jnVXXG5o>

# Attachment



Use the internet and this [the attached link](#) to answer the following questions:

1. Why do babies cry all the time?
2. What is a good definition of attachment?
3. John Bowlby talked about babies as having 'social releasers' which help them attach. List some of them and explain why they might aid attachment.
4. Do you think it's possible for a child to survive without having formed an attachment? Explain your answer.

# Memory



- Download the article
- <https://www.bmj.com/bmj/section-pdf/186168?path=/bmj/338/7696/Obituaries.full.pdf>
- Read about HM, think about what memory impairments HM had and why?
- What does this show about the relationship between the brain and memory?

# Psychopathology; Abnormality

- What defines being normal/abnormal... Is there such a thing as normal and abnormal?
- How could we define normal and abnormal behaviour?
- How do Psychologists decide what is abnormal?
- *Watch this source to find out more*

<https://www.simplypsychology.org/abnormal-psychology.html>

# Famous Psychologists

Research the following famous psychologists and produce an overview of who they were, what they thought and why they are important for psychology.

- B.F. Skinner
- Mary Ainsworth
- Albert Bandura
- Elizabeth Loftus

Website to help you;

<https://www.simplypsychology.org/a-level-psychology.html> - you can search at the bottom

Looking forward to seeing you soon!