## A Message from the Principal

This week's achievements in sport have been phenomenal. The school rightly has a reputation for sporting achievement and this week's successes have highlighted, once again, the fantastic standard and pedigree across a variety of sports. Both the first XV and under16A rugby teams reached the Cheshire Cup final with comprehensive wins, with Ted G breaking the school record for most points scored from kicks in a game in the process. The under 15A team beat St Mary's, Crosby yesterday and there
 was more success in the swimming gala vs Cheadle Hulme. Tonight sees our first GAA training sessions with coaches from St Brendan's coming in every Wednesday in future weeks. Individually, Rory F in year 11 captained the Republic of Ireland under 16 football team as they won all of their Victory Shield matches. In Lacrosse, Calum W was recently selected to England U20. Well done to all involved.

The Christmas Fair is just two weeks away now. Next Friday $24^{\text {th }}$ November is a non-uniform day with bottles being collected on the day. Please see a separate correspondence sent by Mr Brady earlier in the week, also noting contributions to be received on Tuesday to help with other prizes. Raffle tickets for the main draw are now available to buy either from the students themselves or online. The first prize this year is $£ 300$ in cash but there are plenty of other prizes up for grabs as well.

This evening Mrs Taylor is leading a group of more than 30 students to watch a performance of Metamorphosis at The Lowry theatre. We hope the evening goes well and they all enjoy the performance.

This afternoon I had the pleasure of being able to welcome my (older) brother, Colm, in to school to speak to year 12 business studies and economics students about his career in investment banking and relaying some useful tips for when UCAS comes around. There were several really insightful questions from the students, some of whom have interesting lines of enquiry for their EPQ titles in this area.

Finally, we are looking for someone to clerk our future appeals. If you know anyone with the relevant skills or experience, please do email mrsbrady@st-
ambrosecollege.org.uk.


Have a lovely weekend.

## Mr Rainey <br> Principal

 REMINDERS
## Dates for your diary

| 22nd November | Year 13 Parents' Evening (booking opened 15.11.2023) |
| :--- | :--- |
| 24th November | HOME CLOTHES DAY / BRING A BOTTLE <br> (in aid of the SAPA Christmas Fair) |
| 27th Nov to 1st Dec | Year 11 Mock Speaking Tests for French/Spanish |
| 28th November | Year 13 A Level Spanish Study Day @ HOME in Manchester |
| 29th November | Year 11 GCSE French Study Day @ HOME in Manchester |
| 2nd December | SAPA Christmas Fair |
| 5th December | Year 13 A Level French Study Day @ HOME in Manchester |
| 5th December | Winter Concert (Doors open at 6:30pm for 7pm start) |
| 5th - 19th December | Year 11 Mock GCSE Examinations |
| 20th December | School finishes for Christmas at 12.30 |

For more calendar dates please visit our website Saint Ambrose College - Calendar (st-ambrosecollege.ors.uk)

## YEAR 11 MOCK EXAMS

Dear Parents and Carers,

From the $5^{\text {th }}$ to the $19^{\text {th }}$ of December, we are conducting Year 11 Mock Examinations. We are going to be conducting the exams in the same way as the GCSEs will be conducted in the summer, in order to familiarise the students with the process. For this to happen, we would like invigilators to come from outside the school. There are morning and afternoon sessions each day and we require between 6 and 8 people for each session. If you have a spare morning, afternoon, day or week to volunteer to assist with this, can you please email your availability to exams@st-ambrosecollege.org.uk.

We will also be looking to recruit a team of invigilators for during the summer external examinations so this is a great way to see how the examinations run- application forms and more details will be available in the new year.

Kind regards,
Miss L McEwan
Exams Officer

## SCHOOL NEWS

## POLITICS SOCIETY

On Friday, a clash of opinions unfolded within the college's Politics Society as Robert S and Laurence H, two notable members, engaged in a lively debate concerning the future of the Labour Party in anticipation of the upcoming election next year. While Laurence assured that the Labour Party was in safe hands with Keir Starmer, praising him as "the man who has the charisma to lead," Robert controversially argued that the party lacked clear policies and was internally divided over the Israel-Palestine war, following the resignation of Shadow Minister Imran Hussain. He also went on to compare the current situation to the 1992 election, whereby there was a widespread belief that Labour would secure a
 victory, yet Conservative leader John Major emerged victorious.

The debate concluded as an 18-15 vote emerged among members of the society, asserting the belief that the Labour party does indeed have a future.

All students are welcome to join next Fridays Politics Society discussing the Presidential election next year, which will be presented by Edmund H .

## Benedict D

Year 13


## REMEMBRANCE DAY TRIBUTES



Alan S 9D and Felix S 8D looking impeccable in their Sea Cadets uniforms when they took part in the Remembrance Day parades in Altrincham and Hale with Seas Cadets Trafford.


Tom B 9E had a busy weekend representing 4th Warrington West Scouts at a Remembrance Service on Saturday and during the parade on Sunday. He also read out the names of the fallen at the Cenotaph as well as doing a reading at the Remembrance service at St Thomas' church in Stockton Heath.

IMPENDERE

## Head Injury Risk Assessment

There has been a lot of discussion on the news about concussion and direct links to dementia etc in contact sports. The RFU have a very useful video which I would recommend all parents to watch outlining what we should do if we suspect a potential concussion. You can find this on https://keepyourbootson.co.uk/rugbysafetoolkit/headcase/ and is appropriate for all contact sports.

## Shin Pads

Parents and students are reminded that shin pads are required to participate in football in PE and Games lessons.

## KUKRI Online Shop - This is now CLOSED

Personalised rugby shirts The Kukri Shop will be opening again shortly. If you missed the first opportunity to order a personalised rugby shirt please contact the College via email office@stambrosecollege.org.uk to be added to the waiting list. As advised KUKRI will only reopen the online shop when there are a minimum of ten orders.

## 200 Club-now even easier to set up via your on-line banking!

Parents are reminded of our 200 Club which has monthly draws to raise money for School Sport. The Direct Debit mandate can be found on the School website and parents are encouraged to support the Sports Committee who run this. For $£ 10$ a month parents can win $£ 100$ with three bumper prizes of $£ 200$ in Summer and Xmas draws, The School receive half of the monies collected and use this to support our extensive Sports programme. Please return completed forms to any Sports staff. I was delighted to return to school last week a find 38 new 200 club parents who had sent in their DD forms. These are being processed and should hopefully be included in the October draw.

## School sports Website:

The vast majority of fixtures are available to view on : http:// www.sacsport.org.uk/?id=332

## FANTASTIC RESULTS in a BIG WEEK OF SPORT

## Rugby

On Saturday $11^{\text {th }}$ November we had a block fixture $v$ Sandbach School with 7 wins out of 8 .
On Tuesday $14^{\text {th }}$ our U16 took on King's Macclesfield in the semifinal of the Cheshire Cup. They were victorious 69-13 and booked their place in the final.

On Wednesday $15^{\text {th }}$ November our $1^{\text {st }} \mathrm{XV}$ travelled to Stockport GS in the semi-final of the Cheshire Cup. They too booked their place in the final with a 28-11
On Thursday $16^{\text {th }}$ November our U15 took on St. Mary's Crosby in the Natwest Cup. They progressed with a 34-14 victory to make it to the $1 / 4$ finals

Also on Thursday $16^{\text {th }}$ November our U13B took on Kingsway School in a friendly. The U13B won 35-20

## Football

On Wednesday $15^{\text {th }}$ November our $1^{\text {st }} \mathrm{XI}$ took on Sale GS in the Trafford League. It ended 3-3.

## Swimming

On Wednesday $15^{\text {th }}$ November we hosted Cheadle Hulme GS in our $2^{\text {nd }}$ gala of the year. The squad were victorious 134-86

## Basketball

On Thursday $16^{\text {th }}$ November the basketball matches got underway with our Year 7 team hosting Broadoak. A great start resulted in a 58-0 win

## THIS WEEKS FIXTURES

This week the fixtures are:

## Rugby

On Saturday $18^{\text {th }}$ November we have a block fixture v Merchant Taylor's School:
$1^{\text {st }} \mathrm{XV}, ~ U 13 \mathrm{~A}, \mathrm{U} 12 \mathrm{~A}$ are at home
U15A, U14A, away
All ko at 10.30am

## Football

On Monday $20^{\text {th }}$ November our $1^{\text {st }} \mathrm{XI}$ take on BTH (home) in the Trafford League ko 3.45pm
On Wednesday $22^{\text {nd }}$ November $1^{\text {st }} \mathrm{XI}$ take on Stockport GS (home) ko. 2 pm

## Swimming

On Tuesday $21^{\text {st }}$ November we host Sandbach in a home gala.

## Basketball

On Wednesday $22^{\text {nd }}$ November the basketball matches continue with our Year 7 team travelling to BTH. 4pm start.

On Thursday 23rd, Y8/9 will be playing BTH at home.

## Water Polo

On Wednesday $22^{\text {nd }}$ November our u15 team take on MGS at home.

Games lessons for Year 8,9,10 this half term - all students will need shin pads for football.
A reminder - kit is as follows:
Games lessons: Hooped rugby shirt, rugby shorts, games socks, boots. (shin pads when on football)
PE - lessons, white polo shirt or blue PE shirt, blue shorts, white socks, trainers. (for some outside sports your teacher may ask you to bring your games kit)
Swim lesson: house swim jammers, towel, hat, goggles
Mr M Fitzsimon
Director of Sport


# We have been given the opportunity to offer tickets at 50\% off for anyone associated with St Ambrose for the Sale Sharks $v$ Bath fixture on 

Friday 24/11/23.

Please use the following link to get your discount and feel free to book as many as you would like:
https://www.trybooking.com/uk/CSNL

Prices are below

Adult Ticket SEATED EAST STAND $£ 19.00$
U16 Ticket SEATED EAST STAND $£ 9.00$
Adult Ticket STANDING NORTH $£ 15.00$
U16 Ticket STANDING NORTH £8.50

## IMPENDERE <br> WINTER MUSIC CONCERT



The Music Department is pleased to announce its upcoming Winter Show, a delightful evening of festive music that will set the stage for a joyous holiday season.

Date: Tuesday $5^{\text {th }}$ December Time: Doors open at 6:30pm for 7pm start

## Location: School Atrium (enter through Lecture Theatre doors)

Prepare to be swept away by the sounds of the season as our talented students showcase their musical prowess in a Winter Wonderlandthemed concert. The night will feature our school choir, orchestra, jazz band, brass band, woodwind group and staff choir, as well as a number of solo acts.

Tickets can now be purchased on ParentPay for $£ 5$ (adult) or $£ 3$ (concessions). There will also be a range of refreshments available during the interval.

We look forward to welcoming you.

The Music Department

IMPENDERE

IT'S THAT TIME OF YEAR!
How and why YOU should get involved:

Hello all,

This month, like many other Ambrose Sixth Formers, I'm aspiring to encourage young men to speak out more about their health problems by taking part in Movember. This is chance for us to contest the absence of talking about 'men's health'.

I will be growing a moustache to raise funds which will be donated to aid men battling prostate and testicular cancers and supporting male suicide prevention.

Often men place restrictions on themselves which can stop them seeking help or medical attention. Depression and anxiety can spiral without support. Therefore, I believe that with the help of the St Ambrose Community and the public, we can highlight the importance of men's physical and mental health and well-being.
I've already started my webpage and I will be posting regularly not just on my Movember Webpage (https://movember.com/ $m / t i m e f o r a c h a n g e ? m c=1$ ) but my socials (e.g. Instagram, Facebook etc) and updating all my viewers and donators on my incredible 'Mo-journey', this will include pictures, motivating messages and 'thank yous' throughout the challenge. To find out more about my captivating journey, you can visit my Movember Webpage.

Your help is everything! In order to get involved, you can donate whatever you can afford to help me beat the ambitious target of $£ 500$.

Improving men's health is vital. I hope that our community of young men will be encouraged to speak out more about health problems each time they see our moustaches around school, as they come to understand the true meaning of Movember.
This event coincides with our Mental Health Spa which is open every Monday, Tuesday and Wednesday Lunchtimes for half an hour between the time slots $\mathbf{1 2 . 4 5 - 1} \mathrm{pm}$ and $\mathbf{1 - 1 . 1 5 p m}$. The spa offers the chance for students to speak to our Mental Health Team (trained Year 12 and 13). The team can answer question, direct students to services and offer support. If you have any queries about the Mental Health Spa then either email myself or Joel S, lead of the Mental Health team, (17joelscaria@stambrosecollege.org.uk), me (18samuelelghaoui@st-ambrosecollege.org.uk), or speak to your Form Tutor.

Thank you for your time and I hope you consider donating. Let them grow and become part of this incredible, worthwhile cause! MOVEMBER!

By Samuel E
Below are the links to other students taking part in Movember who you could sponsor from St Ambrose College:

https://movember.com/m/timeforachange?mc=1 Samuel E Year 12<br>https://movember.com/m/15109981?mc=1 Antonio A Year 12<br>https://movember.com/m/15144767?mc=1 Declan S Year 12<br>https://movember.com/m/15144808?mc=20 Felix J Year 12<br>https://uk.movember.com/mospace/14877193 Greg P Year 13<br>https://movember.com/m/15146662?mc=20 Ewan F Year 12<br>https://movember.com/m/15144830?mc=1 Hugo F Year 12

## CAREERS-Upcoming Events

# Wednesday $28^{\text {th }}$ February 2024 ( $6 \mathrm{pm}-8 \mathrm{pm}$ ) 

## Careers \& Future Pathways Fair

We are excited to host a careers fair during this evening, where we aim to bring together a diverse range of employers from various industries. This event will provide an excellent platform for our students to gain insights into different career paths and connect with professionals.

## Monday $17^{\text {th }}$ June - Friday $21^{\text {st }}$ June 2024

## Work Experience for Year 12

During this week, Year 12 students will have the opportunity to participate in a work experience program. Students are encouraged to organise their own placements at workplaces of their interest. We strongly recommend that students begin making inquiries and arrangements for work experience as early as possible to ensure a valuable and enriching experience.

If you or any contacts you may have are interested in being a delegate and presenting at our careers \& Future Pathways Fair, we would be delighted to welcome new employers. Please reach out to us at the contact address provided below.

We will continue to share further information and updates with you throughout the year. Should you have any immediate questions or concerns, please do not hesitate to contact us at careers@st-ambrosecollege.org.uk.

Kind regards,
Mr. Gunning and the Careers Team

## STUDENT SUCCESS



Congratulations to Lachlan B-12B Who won not only gold but silver and 3 bronze medals at the North West Regional Championships earlier this month, achieving PB's across all events! LachIan has gone on to qualify for the Swim England National Winter Championships in December.

LIFESAVERS
DIRECT
Royal Life Saving Society
Trafford
Training

## RLSS

## NATIONAL POOL LIFEGUARD QUALIFICATION

## Venue: St Ambrose College 2024

Cost $£ 270$ (NOTE For St Ambrose students only)


Monday 12th February Tuesday 13th February Wednesday 14th February Thursday 15th February Friday 16th February Time 8.30am till 5.30pm $100 \%$ attendance required on all days Candidates must be over 16.


# PARENTS \& GUARDIANS 

## A MESSAGE FROM GREATER MANCHESTER POLICE

In the run up to Christmas we know that some of you maybe turning to online shopping to purchase your children's presents.

WARNING - We are aware that fraudsters are targeting this area and want to ensure our community is protected. We are working hard to bring to justice those responsible. Please see our tips for staying safe online.

Have you been offered a highly discounted or considerably cheaper product compared to the original items worth?
STOP - THIS COULD BE FRAUD

The website you are purchasing from was only launched days/ weeks ago? STOP - THIS COULD BE FRAUD

You're asked to pay by bank transfer instead of using the online platform's secure payment options.
STOP - THIS COULD BE FRAUD

A sense of urgency is placed on ordering the product or service so that you don't miss the price/deal.
STOP - THIS COULD BE FRAUD

You receive a fake email receipt/invoice that appears to be from the website you've purchased from or the payment service used to make your purchase. The email address domain doesn't match that of the genuine senders.
STOP - THIS COULD BE FRAUD
ActionFraud

actionfraud.police.uk

## $\frac{83}{8 x}$

 S.A.P.A.Saint Ambrose Parents' Association

## SAPA AUTUMN NEWS!

17th November 2023
CHRISTMAS FAIR 12-3pm 2nd DECEMBER 2023!


# Can you 

 volunteer on the day?THERE ARE A FEW WAYS YOU CAN HELP, AND HAVE FUN TOO! - HELP WITH SETTING UP BEFORE THE START.

- MAN A STALL FOR 1 HOUR, OR MORE IF YOU CAN! - HELP US TO CLEAR UP AT THE END -

CLEARING UP IS ALWAYS DONE BY THE SAME VOLUNTEERS WHO HAVE BEEN WORKING ON THE FAIR SINCE 8AM SO SOME FRESH HELP WOULD BE BRILLIANT IF YOU CAN OFFER IT!
PLEASE REGISTER BY CLICKING ON THE SAFE LINK BELOW (IN BLUE), FILL IN YOUR DETAILS, SELECT HOW YOU CAN HELP AND WE WILL BE IN TOUCH:
© HTTPS://FORM.JOTFORM.COM/233033299395361

NEXT SAPA MEETING: TUESDAY 21ST NOVEMBER - COME ALONG AND GET INVOLVED! 6PM IN THE CLASSROOM NEAR THE POOL.

> RAFFLE TICKETS ON SALE ONLINE!
> And we have an amazing list of prizes!

## Christmas Fair Donations

AS USUAL, EACH YEAR WE ASK YOU FOR DONATIONS FOR OUR SAPA CHRISTMAS FAIR. PLEASE CHECK YOUR EMAILS. WITHOUT YOUR GENEROSITY, THE FAIR WOULD NOT BE SUCCESSFUL SO WE THANK YOU IN ADVANCE FOR YOUR HELP.

THERE ARE 2 DAYS NEXT WEEK FOR DONATIONS. PLEASE SEND IN WITH THE BOYS ON THE DATES SHOWN BELOW.

THE COLLEGE IS ORGANISING AN

## OWN CLOTHES DAY

IN EXCHANGE FOR A BOTTLE FOR THE TOMBOLA.
THIS WILL TAKE PLACE ON
FRIDAY 24th OF NOVEMBER


FOR OUR OTHER TOMBOLA STALLS PLEASE SEND IN DONATIONS OF THE FOLLOWING ITEMS:

YEARS 7,8 \& 9 - TO BRING IN CHOCOLATES.
YEARS 10 \& 11-TO BRING IN NEW TOILETRIES.
YEARS 12 \& 13 - TO BRING IN GIFT SETS \& CANDLES.

COLLECTIONS FOR THESE ITEMS WILL BE MADE ON TUESDAY 21st OF NOVEMBER

RAFFLE TICKETS BOOKS WILL ALSO BE SENT HOME WITH THE BOYS AND WE HAVE AN AMAZING LIST OF RAFFLE PRIZES! PLEASE RETURN ANY UNSOLD TICKETS.

## (IMPENDERE) <br>  NOW ON SALE


S.A.P.A.

Saint Ambrose Parents' Association

# SAPA AUTUMN NEWS! <br> 10th November 2023 

## BUY YOUR RAFFLE TICKETS VIA ParentPay NOW!

## SAPA CHRISTMAS RAFFLE How does it work?

## Your questions answered.

1. Log on to the school ParentPay payments system with your usual details 2. Go to the menu on the left and click on the 'Active Payment Items'
2. Select the option for 'Christmas Raffle Tickets'
3. Where it says 'How many would you like to buy'
if you add in ' 1 ' (cost £5) that means you will get 5 separate tickets ( 1 book of 5) if you add in ' 2 ' (cost £10) that means you will get 10 separate tickets ( 2 books of 5 ) and so on.

## Tickets are $£ 5$ for 5 single tickets.

You will get $5 x$ single raffle tickets, all 5 go into the draw separately for $5 x$ chances to win! Tickets are only sold in a book of 5 .

Please note: You will NOT receive a physical ticket!
But please be assured that if you have made your payment then your ticket purchase will be registered with us.

Here is what happens after you have selected and paid for your ticket: The SAPA committee take the list of all the names of people who have bought tickets from the ParentPay system, we then physically write your name and number onto paper tickets, these will then be mixed up with all the tickets sold on the day of the Christmas Fair where everything is given a good shake and the live draw is then made. Please note: Tickets can also be bought on the day.

## LAST UNIFORM SALE OF 2023

The last uniform sale of the year will be in December after the Christmas Fair (date to follow). We will be in the new location: The classroom near the swimming pool at the back of the college. PLEASE NOTE:
There will be no uniform sale at the Christmas Fair this year

## We still need your items:

PLEASE DO NOT SEND IN ANY SHIRTS OR TROUSERS, WE ARE AT CAPACITY WITH THESE ITEMS, THANK YOU!

But please keep sending in other donations as usual. We are once again low on ties and socks!

## TIES : BLAZERS : SPORTS SOCKS : RUGBYTOPS KUKRI RUGBY SHORTS • INDOOR PE KIT



IMPENDERE

## ATTENDANCE

## The School Day

Please can we remind all students to ensure they are on-site by $08: 55$, all boys should be in their form rooms at 09:00 for registration.

All students should enter the building using the student entrance not Main Reception (this is only for late arrivals). Students who have two or more late marks in one week will receive an after-school detention.

Parents/Carers - please do not use the College car park as a drop-off point at the beginning or end of the day. This is for the safety of our students.

For further guidance please refer to our Attendance Policy available on the website: St Ambrose College (stambrosecollege.org.uk)

## Medical Appointments

If your son has a medical appointment please try and make them after school or if not as close to the end of the school day as possible. Please give advance notice of appointments in writing attaching copies of medical letters/appointment cards and email them to attendance@st-ambrosecollege.org.uk

## PASTORAL/WELL-BEING ISSUES

Please contact your son's form tutor in the first instance and they will resolve or pass on as required. For urgent matters relating to safeguarding or pastoral care, please contact Mr Groves, our Designated Safeguarding Lead: mrpgroves@st-ambrosecollege.org.uk

## ONLINE SAFETY

Students' online safety is important to us. We encourage parents to visit our website for advice and guidance Saint Ambrose College - Online Safety (st-ambrosecollege.org.uk)

Useful resources can also be found by visiting:
https://www.internetmatters.org/parental-controls/
https://www.thinkuknow.co.uk/
https://parentinfo.org/
https://www.lgfl.net/online-safety/default.aspx
More general advice and information about the latest apps is available from Net Aware https://www.netaware.org.uk/

