



# Saint Ambrose College

## Weekly News Bulletin

 @PrincipalSAC

Friday 12th April 2024

### A Message from the Principal

Happy Easter to you all. Christ is risen Alleluia Alleluia!

It's been a very busy and exciting week back at the college after the Easter holidays. I hope that you all managed to get some rest and had the opportunity for some time together as a family.

Thanks to staff who facilitated revision sessions over the break either online or in person and for students for their commitment to be involved. This week a number of students have taken French speaking exams, which is a stark reminder to us all that the GCSEs and indeed A-level written exams are very close. I'd like to recognise the students for their hard work and as always thank their teachers for supporting them to achieve the best possible outcomes. Also, thanks to you parents/carers for support at home. I know it can be a very pressured time, please do reach out to your son's head of year, if you think your son may need additional support.

Mr Rainey has started the summer term in South Africa; he was invited to represent English schools at the Global Edmund Rice leadership symposium. It's great recognition of him and his work that he was asked to attend and we look forward to hearing about it when he's back next week.

On Tuesday afternoon, we held a Y7 rewards afternoon to recognise students' achievements throughout the Lenten term. They enjoyed an afternoon of sports or watching a film. Thank you to Mr Cutting and the team for organising and congratulations to the boys who were invited to participate. We look forward to hosting subsequent year groups.

The highlight of the week took place on Wednesday evening when we invited our summer 2023 leavers to the A Level Presentation Evening to celebrate their successes during their time at the college. It was a wonderful occasion and so lovely to welcome the students and their parents/carers back. We were delighted that the Right Honourable, Sir Graham Brady was able to deliver an address and to present the certificates and awards during the evening. This year we were excited to present trophies for specific subject prize winners and some special prizes: these have been engraved and will be displayed in the college to inspire others. We are very grateful to our trustees for donating the funds to enable us to do this. One special award was presented to Brother Ger. It was lovely to honour such a humble, compassionate and caring individual with the Edmund Rice Service Award. Thank

you to all those who attended, with special thanks to Mr Brady and Mrs Burke for organising the evening, to Mrs Taylor for hosting and to Miss Yates and to the many boys who performed. Thank you to our Chair of Governors, Dr Goodwin for his address and to our Head Boy Ben H and Dan G our Sports Captain for their excellent speeches. I hope you will enjoy reading more about the evening and see the photographs included within the newsletter.



Thank you and congratulations to our Year 13's Ben H and Rocco J who introduced a cycle to Twickenham event on Wednesday afternoon to raise valuable funds for the motor neurone disease charity, My Name's Doddie Foundation. Huge thanks to Mr Aspinwall and the 35 boys' who competed and sincere gratitude to everyone who has kindly donated so far. If you would like to contribute to the boys' fundraising efforts, please access the link: [HERE](#)

This week has seen the launch of Accelerated Reader with Year 8: we hope that students will be motivated to pick up a book and get reading (some may have done so already!). We have set all Year 8 students a challenge of reading at least one book and completing one online quiz by the end of this half term. Further information on this has been sent out separately to parents.

On Saturday, we look forward to welcoming students from schools in year 5 to take part in an invitational sports day. I thank staff for facilitating this wonderful opportunity. We wish those in our community who celebrated the end of Ramadan and the festival of Eid on Wednesday special congratulations.

Sapa continues to raise funds for the boys through their pre-loved uniform sale with the next one taking place on 27th April at 9am. In addition Sapa are hosting a black tie Summer Ball at Ringway Golf Club on 22nd June, tickets are now available to purchase, please see further details within the newsletter.

Wishing you all a lovely weekend.

**Mr Groves**  
**Vice Principal**



# REMINDERS

## Dates for your diary

19th April	Year 12 trip to Lancaster University
6th May	Bank Holiday
24th May	Last day of term
3rd June	School returns

Term dates for 2024/2025 can be viewed [here](#)  
For more calendar dates please visit our website:  
[www.st-ambrosecollege.org.uk/calendardates](http://www.st-ambrosecollege.org.uk/calendardates)

## TEACHER SPONSORSHIPS

Our very own Miss Walton will be running the Manchester Marathon in April in support of Cancer Research UK.



If you would like to support Miss Walton and this worthy charity, you can donate on Miss Walton's Just Giving page by following the link <https://fundraise.cancerresearchuk.org/page/jessicas-giving-page-152757> every penny donated goes towards beating cancer.

Good luck Miss Walton!





# STUDENTS SUCCESS



## Congratulations to Joseph D

A past student of Ambrose who swam at the GB Swimming Championships at London Aquatics last week. Joseph moved to Millfield for 6th form to pursue his passion in swimming. Well done on the amazing swims below

400 free B final - 1st (PB) time 3.56.40

1500 free A final - 7<sup>th</sup> 15.42

800 free A final - 6th (PB) 8.10.78



The Music Department would like to congratulate the following students for passing their graded examinations:

**Sam P—Grade 7 Distinction in Clarinet**

**James M—Grad 2 Merit in Drums**

**Liam B—Grade 2 Merit in Drums**

**Ethan R—Grade 4 Merit in Drums**

**Neil M—Grade 5 Merit in Piano**

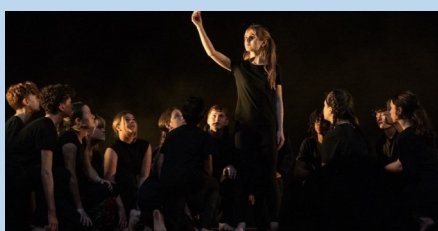


## Well Done to William M, Sean M, AJ A, Cillian R, Charlie M, and Vihaan T

Who all attended Red Players Academy, a professional drama school, during the Easter holidays. The course consisted of a 5 day commitment, 7 hours each day (10 AM to 5 PM) and 11 hours on the final (show) day.

Despite the large amount of time required, Will says the course was easy going and smooth, with little pressure.

"Lee Battle was great support and I was surprised at how quickly I learnt my lines while learning from him. Overall, the show was a great opportunity to perform with a professional company in a professional theatre (New Adelphi Theatre). The stage was huge. It was extremely fun to meet new people and act with them. We all enjoyed it and would recommend it".





# SPORTS UPDATE

@StAmbrosesports

## Gaelic Football training has started for years 7-9 This will continue every Wednesday 3.45-4.45

Indoor cricket training continues on Monday's 3.45-5.15 for year 7/8  
Indoor cricket training continues on Wednesday's 3.45-5.15 for year 9/10

### Shin Pads

Parents and students are reminded that shin pads are required to participate in football in PE and Games lessons.

### 200 Club – now even easier to set up via your online banking!

Parents are reminded of our 200 Club which has monthly draws to raise money for School Sport. The Direct Debit mandate can be found on the School website and parents are encouraged to support the Sports Committee who run this. For £10 a month parents can win £100 with three bumper prizes of £200 in Summer and Xmas draws, The School receive half of the monies collected and use this to support our extensive Sports programme.

### School sports Website:

The vast majority of fixtures are available to view on : <http://www.sacsport.org.uk/?id=332>  
Cup matches will be updated when confirmed.

### Results this week

This week has been a quiet week for fixtures as it is our first week back. The weather did not do us any favours with outdoor practices in the first half of the week. The summer sports timetable is in full swing with a variety of sports on offer.

### Fixtures this week.

#### Cricket

Our u14's get the cricket season underway on Wednesday 17<sup>th</sup> with our Cheshire Cup 1<sup>st</sup> round match against Beech Hall School (weather permitting)

### Games lessons for Year 7,8,9,10 will require trainers.

### New Summer sports Timetable (see below)

#### A reminder - kit is as follows:

Games lessons: Hopped rugby shirt or PE shirt, shorts, trainers  
PE – lessons, white polo shirt or blue PE shirt, blue shorts, white socks, trainers. (for some outside sports your teacher may ask you to bring your games kit)

Swim lesson: house swim jammers, towel, hat, goggles.

Mr M Fitzsimon

## TRINITY TERM SUMMER SPORTS TIMETABLE

Practices	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pre School</b>					
Sports Hall					
Pool		Staff Swim		Staff Swim	
Fitness Suite	Years 9-13	Years 9-13	Years 9-13		Years 9-13
<b>Practices</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunchtime</b>					
Main Astro					
Tennis Small Astro		Year 7 JC	Year 8	Year 9 & 10 JC	Matches JC
Athletics Track	Middle Distance SA	Sprints	Middle Distance SA		
Athletics Jumps	Triple/Long SA		Triple/Long SA		
Athletics Throws	MF	CT	MF	CT	
Outdoor Cricket Nets		Year 7 JC	Year 8 SD	Year 10 DD	Year 9 CT
Cricket Astro		Year 10 DD	Year 9 CT	Year 7 JC	Year 8 SD
Sports Hall		High Jump SD	High Jump DD	High Jump MF	
Pool	Year 11-13 Water polo	Year 9/10 Water polo	Year 8 Water polo/swim	Year 7 Water polo	Swimming
Fitness Suite	Years 9-13 MC	Years 9-13 MF	Years 9-13 (DS)		Years 9-13 (SA)
<b>Practices</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>After School</b>					
All Weather			Gaelic Football		Staff Football
Sports Hall	Cricket Years 7&8 DB		Cricket Years 9&10 DB	Senior Cricket JC	
Pool	Year 10 Water polo	Year 9 Water polo	Year 7 Water polo	Year 8 Water polo	Prep
Fitness Suite	All years	All years	All years	All years	All years



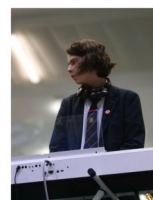
# A-LEVEL PRESENTATION 2024



On Wednesday evening we had the great honour in welcoming back the young gentlemen from the year 2022-23 to celebrate all their successes in their time at St Ambrose. We not only welcomed the gentlemen and their families but also our guest of honour Sir Graham Brady and his wife Lady Victoria. Sir Graham has been a wonderful stalwart of the College. Providing our boys with many opportunities to visit Parliament, work experience and guest speaking. Sir Graham has always been very vocal in his defence of the Grammar School system and his efforts in securing funding for our magnificent campus is a legacy that we are most grateful for. The Politics award for academic prowess has been renamed the 'Sir Graham Brady award for Politics'. In addition, Brother Ger joined us as we presented him with the Edmund Rice Service Award. Brother Ger has tirelessly worked with refugees in Salford providing these dislocated people with much-needed spiritual and physical succour. We enjoyed fantastic speeches, outstanding music and delicious food. Our thanks to all those who made the evening possible.

Finally, to be an Ambrosian can often be regarded as a rather nebulous concept and one that can be difficult to define. However, under the night sky in our atrium as we celebrated our 'Old Boys' and all their successes with the College community, the collegiality and the profound sense of pride made being an Ambrosian palpable and utterly defined.

Vitam Impendere Vero





# CHAPLAINCY NEWS

**Weekly Prayer Theme for Mass:** *'We are witnesses to all this, we and the Holy Spirit'*

Thanks to Fr Owen for joining us this week for Mass!



**This week's Prayer of the Week focuses on celebrating Jesus' Resurrection:**

## Closing Prayer

O God of the Last Supper, God of the Cross, and God of the Empty Tomb; we come before you now and we pause.

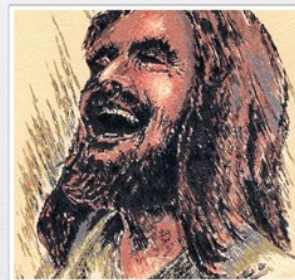
We inhale the scent of snow white Easter lilies.  
We see the rain as it falls in veils and sheets of April showers. And we listen.

Easter has passed, but how we long to live by the marvellous story we have heard.

Let us remain ever beside you at the table of the Last Supper. Show us who is hungry, and give us the courage to offer them bread from your table. Show us who is thirsty, and give us the strength to lift up the cup of your love.

Most of all, show us how to linger at the table, serving others, doing all that we do in remembrance of You and the way You were when You walked this earth.

*Amen*



## Form Prayer

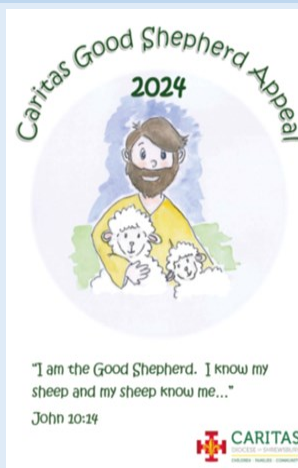
Our Form Prayer this week focused on Jesus' victory over death at Easter. We thought about how the story is ultimately a joyful one, despite the sadness leading up to the Resurrection. As Christians we try to hear Jesus' message of hope when we hear about his Passion during Holy Week, and we try and see relevance for our own lives . . .



How is Jesus revealing his resurrection to you?

## Lenten Charity Action

Thank you to everyone who has contributed to our fundraising efforts during the Lenten period. This Term, we will be turning our efforts towards our sister school, St Ambrose Academy in Freetown. Look out for more news about how you can get involved with our campaign to build much needed classroom space in next week's Newsletter!





# CHAPLAINCY NEWS

## And finally . . .

Our Edmund Rice International Group are currently advocating for the rights of an asylum seeker from Niger, Mahamadou, who is receiving support from the Christian Brothers in Salford. Before Easter every Form was invited to sign a letter pleading for pro bono legal help for Mahamadou's case. We are proud to stand up for the rights of people whose voice is not being heard . . .

## Saint Ambrose College

State-funded Independent Catholic Grammar School  
Principal: Mr D. Rainey B.Ed. (Hons)



13<sup>th</sup> March 2024

To whom it may concern

We are a team of concerned students from St Ambrose College focused on Human Rights and Justice, and we are connected through to the Edmund Rice Network. This comprises a family of schools, ministries and social justice organisations which stretch across the UK and in 27 countries across the world. We have links to Edmund Rice International, a human rights NGO with consultative status at the United Nations in Geneva.

Our UK network is currently involved with helping a desperate asylum seeker from Niger, Mahamadou Souleymane, who has been repeatedly refused protection in the UK. His brother, who had British citizenship, was brutally and unlawfully murdered in Niger by a corrupt Nigerian politician and his henchmen to forcefully seize land belonging to the family. Mahamadou fled to the UK to escape the same fate. If he is refouled to Niger, he will be in absolute mortal danger. A 'culture of impunity' operates there and there is no protection by the Niger state against the violence of such seemingly untouchable men.

We know that Mahamadou's is just one desperate case among thousands of others, but we believe it to be illustrative of dire systemic faults in the UK asylum decision-making process. These were accurately identified in the Freedom from Torture report 'LESSONS NOT LEARNED - The Failures of Asylum Decision-Making in the UK', which summarised 50 reports from 17 different organisations. In Mahamadou's case, as an example, we identify:

- the lasting domino effect of initial (and unreasonable) adverse credibility findings.
- unrealistic and possibly unlawful evidential expectations (expecting legally verified 'detail' in evidence from a poor, isolated, rural village in the Sahel).
- excessive burden of proof.
- the use of initial negative judicial findings to block full and anxious evaluation of subsequent fresh evidence.

Mahamadou's latest refusal has all the hallmarks of a copy and paste job: the British Home Office have marked Mahamadou's case with a label generated through stereotype and apathy. They have completely disregarded this case as the plight of a desperate human being, but rather treated it with the generic contempt characteristic of a failing and weak immigration system.

Decisions, as Colin Yeo puts it in his guide to Refugee Law, seem to be based on the model of an idealised refugee who 'would finely judge the level of risk and attempt to relocate within their own country before departing, would claim asylum at the first opportunity in the first safe country reached and stay there, remember exactly what happened to them and when, be able and willing immediately on arrival to describe events chronologically and in detail'. Do we really expect someone fleeing from a village on the edge of the Sahara, who on arrival had not a word of English, to provide the legally verified 'details' a judge in Manchester might look for in domestically fully

Hole Barns, Altrincham, WA15 0HE.  
t: 0161 990 2711 f: 0161 990 2323 e: [office@st-ambroscollege.org.uk](mailto:office@st-ambroscollege.org.uk) [www.st-ambroscollege.org.uk](http://www.st-ambroscollege.org.uk)  
Saint Ambrose College Edmund Rice Academy Trust, Company incorporated in England & Wales.  
Registered number 01521963 Registered Office as above. An exempt charity.



## Saint Ambrose College

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evidenced cases? Decision-making can become an exercise in 'cultural dissonance': as Lord Russell once so wisely stated, 'a way by which the interviewer is able to express his ignorance of the world'.

Last month Mahamadou's fresh claim was carelessly rejected even though it contained a full report on the murder, Mahamadou's flight, and the intimidation of the village sent to our network by ANDOH, the Nigerian Association for the Defence of Human Rights (ANDOH). He is waiting for a First Tier Tribunal appeal hearing but legal aid solicitors, and even refugee charities like GMIAU, are unwilling to take on cases where previous fresh claims and appeals have been lost. Thus, with extremely limited English he will face brutal and confusing cross-questioning without representation.

We know that leading Immigration Chambers commit to a certain amount of pro bono work each year. We are seeking top-level engagement in Mahamadou's case both for Mahamadou's sake and to spotlight and challenge the underlying problems in the refusal culture: something we believe resonated with us and our students, but also something we believe you can offer. While there may be whole categories of refugees (e.g. from Afghanistan, Sudan, Eritrea) who in most cases have (until current legislation) been waved through, there are also genuine refugees fleeing from death or serious harm who face an impenetrable wall of refusal.

We plan to take this case and the general problem to M.P.s, the national press, and the UN Human Rights Council.

With limited English proficiency and facing cross-questioning without representation, Mahamadou's access to justice hangs by a thread. We believe that top-level engagement is essential not only for his sake but also to shed light on the pervasive issues within the refusal culture. While certain refugee categories may receive leniency, genuine cases like Mahamadou's encounter insurmountable obstacles.

We are determined to elevate Mahamadou's case and the broader issue to the attention of MPs, national media, and the UN Human Rights Council. Recognizing your commendable pro bono initiatives, we humbly request your support in Mahamadou's legal battle. Could you consider taking on his case, either for the First Tier Tribunal appeal or subsequent judicial review, as part of your commitment to pro bono work? Your involvement could make a significant difference in Mahamadou's quest for justice and in challenging the systemic injustices he faces. Please find attached the signatures of our staff and students who are supportive of this quest for justice.

On behalf of our social justice group, staff and students,

Yours sincerely

Mr T Murray  
(Lay Chaplain)

Dr K Rousseau  
(Teacher of Science)

Tobi Anso & Will Rose  
Y12 students)

Hole Barns, Altrincham, WA15 0HE.  
t: 0161 990 2711 f: 0161 990 2323 e: [office@st-ambroscollege.org.uk](mailto:office@st-ambroscollege.org.uk) [www.st-ambroscollege.org.uk](http://www.st-ambroscollege.org.uk)  
Saint Ambrose College Edmund Rice Academy Trust, Company incorporated in England & Wales.  
Registered number 01521963 Registered Office as above. An exempt charity.





# SCHOOL NEWS

## YEAR 10 MATHS FEAST

Congratulations to Y10s Tomas B-M, Thomas F, Samuel P and Cillian R for achieving 1<sup>st</sup> place in the Y10 Maths Feast, held at North Liverpool Academy on 22<sup>nd</sup> March

**Mrs Monks**



## INVESTMENT COMPETITION

Over the past 6 weeks, 123 students have been participating in a school-wide Investment Competition. The competition gave students the opportunity to manage a stocks and options portfolio of \$100,000, allowing them to make virtual trades in the New York Stock Exchange.

The competition concluded on Thursday 14<sup>th</sup> March and this week the students gathered in the lecture theatre for the prize-giving ceremony, where awards (including house points and Easter eggs) were distributed to the top 10 individuals.



The standard was extremely high, with some amazing results. One particular student, Jude B of year 12, more than doubled his initial \$100,000, claiming first place. Followed by Christo S in second and Max V in third. Competition was intense right to the end and all participants are to be congratulated. Well done!

I hope that the competition was successful in sparking an interest in the subject and in inspiring students to explore the world of investing and economics.

**By Jack E and Geronimo M**

## INTERMEDIATE MATHS CHALLENGE

Congratulations to all the students who took part in the follow on rounds after the 'Intermediate Maths Challenge'. We had 6 boys who qualified for the follow on rounds in Y10 and Y11. Particular mentions to the following who took part in the 'Pink Kangaroo':

Edward G – certificate of qualification (best in year 10)

Aaron C – certificate of merit (best in school)

Charles H - Certificate of qualification

Luca P - certificate of qualification

And also a huge well done to Benedict K and James O who took part in the 'MacLaurin Mathematical Olympiad' which only 1,800 students from across the country qualify for each year.

**Miss Donegan**

## YEAR 7 REWARDS AFTERNOON

Congratulations to our fantastic Year 7 students for making the rewards afternoon an incredible success! The enthusiasm and superb behaviour displayed by our students truly made the event memorable. It was a pleasure to witness the positive energy and teamwork exhibited by each students throughout the afternoon despite the horrendous weather! I would like to take this opportunity to express my gratitude to all the students for their outstanding behaviour and to you, the parents/carers, for your continued supporting our school in fostering a positive learning environment. We look forward to many more rewarding experiences ahead and thank you once again for being an integral part of our school community.

**Mr Cutting**





# MY NAME'S DODDIE FOUNDATION Student Charity Event



On Wednesday 10th April, no less than 36 Ambrosians we're involved in a mammoth cycling event in aid of the My Name's5 Doddie Foundation (MND)

The special event, held at Total Fitness in Altrincham, had an amazing atmosphere and camaraderie throughout which was reflective of how much the charity meant to us all. The lads faced the task of completing the 'Race to Twickenham', a gruelling 250km challenge that teams of 6 had to face. These teams were associated to the 6 countries in the Six Nations.

What a race it was turning out to be, with all 6 nations heavily stacked with some of Ambrose's best athletes in the sixth form.

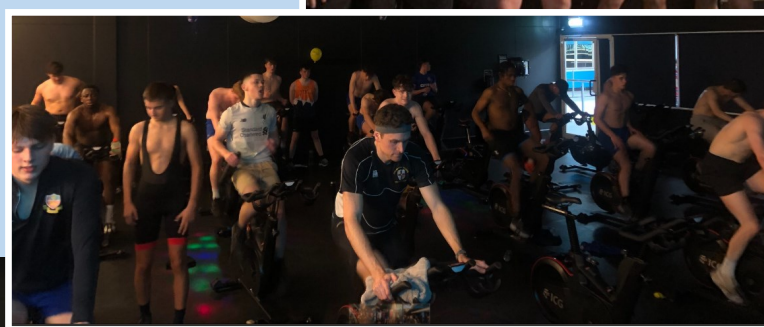
Each and every person involved played a massive individual part for their teams and pushed limits to the maximum.

The final results consisted of Team Scotland completing a hard fought victory (Aaron M, Ciaran Q, George M, Mr Aspinwall, Zac D and Cormac H), with further details about the results on our Just Giving page.

Overall, an extraordinary event with amazing continuing support for a great charity was one that we hope will be continued for many years down the line. Everyone who has supported the event we'd like to thank so much for the part you have played.

We leave with the link attached and hope everyone who has not donated can help us achieve our next goal moved from £1000, to £2500.

JUST GIVING LINK—[HERE](#)





# YEAR 7 Disco Fundraiser

**PROJECT 7**  
**YEAR 7 DISCO**  
**STILEZ**  
**JOHNO**  
**LAFFO**  
**FRIDAY 3rd MAY**  
**4:00-6:00**  
**SIERRA LEONE FUNDRAISER**  
**DRAMA ROOM** **£4**

# Young Carer Referral Form



## Getting in touch

Our team of dedicated Young Carer Support Workers are available:

Monday to Friday from 9am - 4:30pm

Telephone: 0161 848 2400 ext 3

Mobile: 07985 288 294

Email: [youngcarers@traffordcarerscentre.org.uk](mailto:youngcarers@traffordcarerscentre.org.uk)

[www.traffordcarerscentre.org.uk](http://www.traffordcarerscentre.org.uk)



## Young Carers Project



9 Springfield Road

Sale

M33 7XS



Supporting young  
carers aged 5-25 to  
reduce the impact of  
their care role

Young Carers Support Line:

07985 288 294



/TraffordCarers



@TraffordCarers



TraffordYoungCarers



TraffordCarersCentre

A Network Partner of

**CARERS  
TRUST**

Registered Charity Number: 1102075

Company Limited by Guarantee Number: 4695523

CARERS NAME:	
DATE OF BIRTH:	Parent/Guardian to submit the referral if under the age of 14
PREFERRED PRONOUN:	
ADDRESS & POSTCODE:	
CONTACT NO:	
EMAIL:	This is so we can keep you up to date with your referral
ETHNICITY:	
SEXUAL ORIENTATION:	
WHO DO YOU CARE FOR?	
WHAT IS THE NATURE OF THE ILLNESS/DIABILITY OF THE PERSON YOU CARE FOR?	
<b>HOW CAN TRAFFORD CARERS CENTRE SUPPORT YOU?</b>	
<input type="checkbox"/>	HELP WITH COMPLETING A CARERS ASSESSMENT
<input type="checkbox"/>	HELP WITH HEALTH & WELLBEING
<input type="checkbox"/>	HELP WITH EMPLOYMENT / VOLUNTEERING
<input type="checkbox"/>	HELP IN SCHOOL
<input type="checkbox"/>	MEETING OTHER CARERS & SOCIAL INTERACTION
<input type="checkbox"/>	HELP WITH DIGITAL INCLUSION
<input type="checkbox"/>	OTHER
<b>WHO IS MAKING THIS REFERRAL?</b>	
<input type="checkbox"/> SELF	<input type="checkbox"/> PROFESSIONAL <input type="checkbox"/> FAMILY / FRIEND
IF YOU ARE MAKING THE REFERRAL ON SOMEONE'S BEHALF PLEASE PROVIDE YOUR CONTACT DETAILS (NAME, EMAIL / PHONE NUMBER):	
Due to changes in the law, we now need your consent to store your data. Please indicate your consent below. For information on how we manage your data and to read our Privacy Policy please visit <a href="http://www.traffordcarerscentre.org.uk">www.traffordcarerscentre.org.uk</a>	
<input type="checkbox"/> YES	<input type="checkbox"/> NO
Please return your completed form to: YCP, <b>Trafford Carers Centre, 9 Springfield Road, Sale, M33 7XS</b> Or complete the form online at <a href="http://www.traffordcarerscentre.org.uk">www.traffordcarerscentre.org.uk</a> or call our number <b>07985 288 294</b>	

# Are you a young carer?

*A young carer is anyone who looks after a family member, friend or neighbour who needs help because of their illness, frailty, disability, mental health problem or an addiction.*

*This can have a massive impact on a young person achieving their own aspirations affecting their long term mental wellbeing.*

A BBC poll estimated there are around 800,000 young carers age 11-15 in England.

In Trafford, the 2011 census identified approximately 3,500 young carers under the age of 17.

Due to their care role young carers can often feel very isolated and this can impact on education, maintaining friendships and self-esteem.

At Trafford Carers Centre we support young carers from age 5 through to their transition to adulthood, to get the right support at the right time, including through schools and other agencies.



# How we can support you



Our aim is to support young carers to reduce the impact of the care role on their physical & mental wellbeing.

We provide a range of services for carers including:

- Carers assessment to identify support needs
- Carer helpline offering information, support and advice
- Weekly activity sessions
- School holiday activities and day-trips
- Workshops e.g. cookery, art and creative writing
- Weekly Zoom activity sessions
- School drop-in sessions
- Young carer ambassador scheme
- Benefits advice
- Quarterly newsletter
- Support to understand and use digital technology
- Volunteering opportunities
- Advocacy support
- 1-2-1 casework support
- Carers emergency card scheme

# Young carer checklist

Carers from age 5 to 18 are known as young carers and often take on practical and/or emotional caring responsibilities that would normally be undertaken by an adult.

The tasks can vary according to the nature of the illness or disability, the level and frequency of need for care and the structure of the family as a whole.

As a young carer you may help with:

- Practical tasks such as cooking, housework and shopping
- Physical care, such as lifting, helping someone on the stairs or with physiotherapy
- Personal care, such as dressing, washing or helping with toileting needs
- Managing the family budget, collecting benefits and prescriptions
- Administering medication
- Looking after or 'parenting' younger siblings
- Emotional support
- Interpreting, due to a hearing or speech impairment or because English is not the family's first language

If any of the above statements apply to you and you feel it is impacting on your wellbeing, we are here to help you.

Complete the referral form overleaf and return to Trafford Carers Centre



# *FAMILY SUPPORT*

- ✓ **Whole family support for non-abusive parent and child(ren)**
- ✓ **To rebuild and strengthen relationships after domestic abuse**
- ✓ **Combination of 1-2-1 sessions and family sessions with parent and child(ren)**
- ✓ **Advocacy and support at professional meetings**



**FOR MORE INFORMATION:**



**admin@tdas.org.uk**



**0161 872 7368**



**www.tdas.org.uk/traffordcyp**



# SAPA SPRING NEWS!

## APRIL 2024

### OUR NEXT UNIFORM SALE!

Will be held on 27th April  
from 9am in the office near  
the swimming pool stairs at the  
back of the building.

**DON'T FORGET!**

Keep sending in your clean,  
laundered and good condition  
uniform items!

Please continue to donate in the usual way  
by dropping them off at reception.

**WE ESPECIALLY NEED SOCKS, TIES AND  
SMALLER SIZE UNIFORMS**

**Thank you!**

**Julie Bastin - email: [chair@sapa.org.uk](mailto:chair@sapa.org.uk)**

**[www.sapa.org.uk](http://www.sapa.org.uk)**



Come and join our

**SAPA**

# SUMMER BALL



**Saturday 22nd June**

**7-12pm Ringway Golf Club**

**£60 per ticket**

**Includes drink on arrival and 3-course meal**

**Join us for an evening of  
fine dining and fun.**

**Maximum 6-8 people per table**

**Please pay by PayPal:  
treasurer@sapa.org.uk**

**Only 150 tickets available  
so please book early!**

**Raising  
funds for  
the boys**





# CAREERS—UPCOMING EVENTS

Monday 17<sup>th</sup> June – Friday 21<sup>st</sup> June 2024

## Work Experience for Year 12

During this week, Year 12 students will have the opportunity to participate in a work experience program. Students are encouraged to organise their own placements at workplaces of their interest. **We strongly recommend that students begin making inquiries and arrangements for work experience as early as possible to ensure a valuable and enriching experience.**

*If you or any contacts you may have are interested in being a delegate and presenting at our careers & Future Pathways Fair, we would be delighted to welcome new employers. Please reach out to us at the contact address provided below.*

We will continue to share further information and updates with you throughout the year. Should you have any immediate questions or concerns, please do not hesitate to contact us at [careers@st-ambrosecollege.org.uk](mailto:careers@st-ambrosecollege.org.uk).

Kind regards,  
**Mr. Gunning and the Careers Team**





# General Notices

## ATTENDANCE

### **The School Day**

Please can we remind all students to ensure they are on-site by 08:55, all boys should be in their form rooms at 09:00 for registration.

All students should enter the building using the student entrance **not** Main Reception (this is only for late arrivals). Students who have two or more late marks in one week will receive an after-school detention.

Parents/Carers – please do not use the College car park as a drop-off point at the beginning or end of the day. This is for the safety of our students.

For further guidance please refer to our Attendance Policy available on the website: [St Ambrose College \(st-ambrosecollege.org.uk\)](http://st-ambrosecollege.org.uk)

### **Medical Appointments**

If your son has a medical appointment please try and make them after school or if not as close to the end of the school day as possible. Please give advance notice of appointments in writing attaching copies of medical letters/appointment cards and email them to [attendance@st-ambrosecollege.org.uk](mailto:attendance@st-ambrosecollege.org.uk)

## PASTORAL/WELL-BEING ISSUES

Please contact your son's form tutor in the first instance and they will resolve or pass on as required. For urgent matters relating to safeguarding or pastoral care, please contact Mr Groves, our Designated Safeguarding Lead: [mrpgroves@st-ambrosecollege.org.uk](mailto:mrpgroves@st-ambrosecollege.org.uk)

## ONLINE SAFETY

Students' online safety is important to us. We encourage parents to visit our website for advice and guidance [Saint Ambrose College - Online Safety \(st-ambrosecollege.org.uk\)](http://st-ambrosecollege.org.uk)

Useful resources can also be found by visiting:

<https://www.internetmatters.org/parental-controls/>

<https://www.thinkuknow.co.uk/>

<https://parentinfo.org/>

<https://www.lgfl.net/online-safety/default.aspx>

More general advice and information about the latest apps is available from Net Aware <https://www.net-aware.org.uk/>