

GCSE PE Year 12 Revision

The exam will be a full Paper 1

Section A

- Cardiovascular system
- Respiratory system
- Neuromuscular system
- The musculo-skeletal system and analysis of movement in physical activities
- Energy systems

Section B

- Skill, skill continuums and transfer of skills
- Impact of skill classification on structure of practice for learning
- Principles and theories of learning and performance
- Use of guidance and feedback
- General information processing model,
- Efficiency of information processing

Section C

- Pre-industrial (pre-1780)
- Industrial and post-industrial (1780–1900)
- Post World War II (1950 to present)
- Sociological theory applied to equal opportunities