

# Saint Ambrose College

State-funded Independent Catholic Grammar School

Principal: Mr D. Rainey B.Ed (Hons)



18<sup>th</sup> March 2020

Dear Parents

Please find below a collection of online resources that may support you and your children understand the current situation. It is a mixture of primary and secondary aged resources but I thought it might be useful to you if you have children across different age ranges.

Public Health England resources about stopping spreading germs for different ages:

<https://campaignresources.phe.gov.uk/schools>

BBC Newsround – various articles and videos:

<https://www.bbc.co.uk/newsround/51204456>

<https://www.bbc.co.uk/newsround/13865002>

<https://www.bbc.co.uk/newsround/51861089>

<https://www.bbc.co.uk/news/uk-51734855>

<https://www.bbc.co.uk/news/uk-51936286>

Coronavirus video by the World Health Organisation (for older children):

<https://www.youtube.com/watch?v=mOV1aBVYKGA&feature=youtu.be>

Sensory Integration network – handwashing tips for people with sensory difficulties:

<https://www.sensoryintegration.org.uk/News/8821506>

Roddensvale School – a Social Story about Coronavirus:

<https://www.facebook.com/487644451375099/posts/1630632433742956/>

Brainpop video and resources on the Coronavirus for Years 3-7:

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

Just For Kids: A Comic Exploring The New Coronavirus:

<https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?fbclid=IwAR2tSd9NsNUgjKRjRWefXlZLE6jf-v2I3qpCzO-zRilWFsFyqse96Qldsk&t=1583445670574&t=1583447741117&t=1583785641566>

Live science – The ultimate kids' guide to the new coronavirus:

<https://www.livescience.com/coronavirus-kids-guide.html>

Unicef - Latest news and updates on coronavirus disease 2019 (COVID-19):

<https://www.unicef.org/coronavirus/covid-19>

<https://www.unicef.org/coronavirus/how-teachers-can-talk-children-about-coronavirus-disease-covid-19>

<https://www.unicef.org/coronavirus/how-talk-your-child-about-coronavirus-covid-19>

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British Psychological Society – advice: Talking to children about Coronavirus:

<https://www.bps.org.uk/sites/www.bps.org.uk/files/Policy/Policy%20-%20Files/Talking%20to%20children%20about%20Coronavirus.pdf>

Place2be - Coronavirus: Helpful information to answer questions from children:

<https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/>

Save the Children – 7 simple tips on how to talk to kids about Coronavirus:

<https://www.savethechildren.org.uk/how-you-can-help/emergencies/coronavirus-uk-outbreak-facts#coronavirus>

Hand in Hand Parenting - Talking to your Child about Coronavirus:

[https://www.handinhandparenting.org/2020/03/talking-to-your-child-about-coronavirus/?inf\\_contact\\_key=56c55f381a0a9e9e797fc55404aa88c9cc0558ed5d4c28cbfab114022b1ec50d](https://www.handinhandparenting.org/2020/03/talking-to-your-child-about-coronavirus/?inf_contact_key=56c55f381a0a9e9e797fc55404aa88c9cc0558ed5d4c28cbfab114022b1ec50d)

Aha! Parenting - What to Say To Your Child About the Coronavirus -- and How To Cope As a Parent:

<https://www.ahaparenting.com/blog/talking-with-children-about-the-corona-virus>

How to Talk to Kids and Teens About World Trauma:

<https://www.heysigmund.com/how-to-talk-to-kids-and-teens-about-world-trauma/>

How to Strengthen Children & Teens Against Anxiety After News of a World Trauma:

<https://www.heysigmund.com/anxiety-in-children-after-world-trauma/>

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## Books

- Something Bad Happened: A Kid's Guide to Coping with events in the News
- What to Do When You're Scared and Worried: A Guide for Kids

If you have to self-isolate with your children or if schools close, the following comprehensive list of educational resource sites may be useful: <https://www.facebook.com/jean.worsley/posts/10156608078391076>

Yours faithfully

Mr D Rainey

Principal

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